

WEEK 1

WEEK COMMENCING

15 April, 6 May, 27 May, 17 June, 8 July,
29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Cheesy tomato pasta
Gluten Mustard Soya Milk
garlic bread
Gluten Soya Milk
seasonal vegetables

Notti nghamshire sausage
& gravy **Gluten Sulphur dioxide**
Yorkshire pudding
Milk Egg Gluten
mashed potato
seasonal vegetables

Chicken & coconut curry **Milk**
rice
seasonal vegetables

Roast gammon &
pineapple
roast potatoes
seasonal vegetables

MSC fish finger wrap
Gluten Fish
oven chips
seasonal vegetables

OPTION 2

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

PUDDING

Strawberry mousse
Milk

Marble sponge **Gluten Egg**
with custard **Milk**

Crispy lemon tart **Egg Gluten**
with custard **Milk**

Ice cream tub **Milk**

Butterscotch tart
Gluten Milk



Nottinghamshire
County Council

WEEK 2

WEEK COMMENCING

22 April, 13 May, 3 June, 24 June, 15 July,
5 Aug, 26 Aug, 16 Sept, 7 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Margherita pizza
Gluten Soya Milk
herby diced potatoes
seasonal vegetables

Hunters Chicken
Milk Celery Gluten Soya
potato balls
seasonal vegetables

Pasta Neapolitan
Gluten Soya Milk Mustard
garlic bread **Gluten Soya Milk**
seasonal vegetables

Roast pork, stuffing, gravy
Gluten
mashed potatoes
Yorkshire pudding **Milk Egg Gluten**
seasonal vegetables

MSC Young's fish fingers
Gluten Fish
oven chips
seasonal vegetables

OPTION 2

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

PUDDING

Chocolate & orange muffin
Gluten Egg

Shortbread cookie
Gluten

Honey cake **Milk Egg Gluten**
& custard **Milk**

Jelly &
shortbread finger **Gluten**

Apple Flapjack
Gluten



Nottinghamshire
County Council

WEEK 3

WEEK COMMENCING

29 April, 20 May, 10 June, 1 July, 22 July
12 Aug, 2 Sept, 23 Sept, 14 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Quorn dippers wrap **Gluten**
baby roast potatoes
seasonal vegetables

Spaghetti Bolognese
Mustard Soya Gluten Fish
crusty bread **Gluten Sesame**
seasonal vegetables

Pork burger in a bun
Soya Milk, Egg, Gluten
Sesame Sulphur dioxide
jacket wedges
seasonal vegetables

Roast chicken, stuffing **Gluten**
gravy & mashed potatoes
Yorkshire pudding
Milk Egg Gluten
seasonal vegetables

MSC battered fish
Gluten Fish
oven chips
seasonal vegetables

OPTION 2

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& mixed salad

PUDDING

Noah's Apple sponge **Egg Gluten**
& custard **Milk**
Recipe from a pupil at
Mapperley Plains primary school

Chocolate brownie
Gluten

Frozen yoghurt
Milk

Strawberry shortcake
Milk Gluten

Chocolate crispy **Gluten**
with strawberry milkshake **Milk**



Nottinghamshire
County Council