AUTUMN/WINTER 2023/24



WEEK COMMENCING

February 12, March 4, March 25



Vegetarian meals are available upon request

MAIN MEAL

DESSERT



Margherita pizza Gluten Milk Soya pommes noisette vegetable sticks

Jacket potato with baked beans, & mixed salad

cheese Milk or tuna mayonnaise Egg Fish



Spaghetti Bolognese Gluten Fish Mustard Soya

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Cornflake tart Gluten Sulphur Dioxide & custard Milk

Mixed berry mousse

& apple wedge

OR Fruit

OR Fruit





Chilli con carne & Tilda rice

garlic bread Gluten Milk Soya

crunchy vegetables

Crunchy vegetables

Jacket potato with baked beans, cheese Milk or tuna mayonnais e Egg Fish & mixed salad



Fruit flapjack Gluten OR Fruit



Roast turkey, stuffing & gravy Gluten roast OR mashed potatoes cabbage & carrots

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Cheese & crackers OR Fruit





MSC fish cake Gluten Fish diced potatoes, garden peas, crunchy veg & tomato ketchup

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad





Apple muffin OR Fruit



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

www.nottinghamshire.gov.uk/schoolmeals



AUTUMN/WINTER 2023/24



WEEK COMMENCING

January 29, February 19, March 11, April 1



Vegetarian meals are available upon request

MAIN MEAL

DESSERT



Quorn dippers Gluten roast baby potatoes sweetcorn & cucumber sticks

OR

Jacket potato with baked beans cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Chocolate sponge & chocolate sauce Egg Gluten Milk OR

Fruit



UESURY

Nottinghamshire sausage & gravy Gluten Sulphur Dioxide

Yorkshire pudding Egg Gluten Milk mashed potato, broccoli & carrots OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Jelly & fruit
OR
Fruit



EDNESDAY

Cheesy tomato pasta Gluten Mustard Soya Milk garlic bread Gluten Milk Soya carrot & cucumber sticks

OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Marble slice
Gluten
& custard Milk
OR
Fruit



HURSDAY

Roast pork, stuffing & gravy Gluten

Yorkshire pudding Milk Egg Gluten roast OR mashed potato, cabbage & carrots

OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Honey & oatmeal cookie Gluten
OR
Fruit



FRIDAY

MSC fish finger wrap Gluten Fish
Oven chips, crunchy veg,
sweetcorn & tomato ketchup

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Strawberry ice-cream tub Milk OR Fruit



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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AUTUMN/WINTER 2023/24

WEEK (3)

WEEK COMMENCING

February 5, February 26, March 18, April 8



Vegetarian meals are available upon request

MAIN MEAL

DESSERT



Macaroni cheese Mustard soya milk Gluten garden peas & fresh carrots

OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Chocolate brownie Gluten
OR
Fruit



TUESDAY

Meatballs in tomato sauce Gluten Egg with pitta bread Milk Soya Gluten

Tilda rice & crunchy vegetables **OR**

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & miyed salad





Fruit yoghurt Milk
OR
Fruit



WEDNESDAY

Pasta Neapolitan Milk Gluten Mustard Soya garlic bread Milk Gluten Soya sweetcorn cobette

OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad









THURSDAY

Roast Gammon & gravy, Yorkshire pudding Milk Egg Gluten roast OR mashed potatoes carrots & broccoli OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad

MSC breaded fish portion Gluten Fish oven chips, garden peas & sweetcorn tomato ketchup

OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad





Chocolate orange cookie Gluten OR Fruit





Butterscotch tart Milk Gluten OR Fruit



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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