

WEEK 1



WEEK COMMENCING

15 April, 6 May, 27 May, 17 June, 8 July,
29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	<p>Cheesy tomato pasta Gluten Mustard Soya Milk garlic bread Gluten Soya Milk & vegetable sticks</p>	<p>Nottinghamshire sausage & gravy Gluten Sulphur dioxide Yorkshire pudding Milk Egg Gluten mashed potato carrots & broccoli</p>	<p>Southern style Quorn burger Soya Milk Egg Gluten Sesame pommes noisettes tomato ketchup carrot & cucumber sticks</p>	<p>Roast gammon & pineapple roast potatoes carrots batons & broccoli</p>	<p>MSC fish finger wrap Gluten Fish chips garden peas or baked beans</p>
OPTION 2	<p>Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & vegetable sticks</p>	<p> Build your own lunch! Sandwich (Gluten Soya) Fillings: cheese Milk ham or tuna mayonnaise Fish Egg vegetable sticks crisps fruit or Frube yogurt Milk or pudding of the day</p>	<p>Basil & tomato pasta Mustard Soya Gluten garlic bread Gluten Soya Milk Garden salad</p>	<p> Build your own lunch! Sandwich (Gluten Soya) Fillings: cheese Milk ham or tuna mayonnaise Fish Egg vegetable sticks crisps fruit or Frube yogurt Milk or pudding of the day</p>	<p>Quorn dipper wrap & BBQ sauce Gluten Soya Celery chips garden peas or baked beans</p>
PUDDING	Jelly	Marble sponge Gluten Egg with custard Milk	Cornflake tart Gluten Sulphur dioxide with custard Milk	Ice cream tub Milk	Butterscotch tart Gluten Milk



Nottinghamshire
County Council

WEEK 2



WEEK COMMENCING

22 April, 13 May, 3 June, 24 June, 15 July,
5 Aug, 26 Aug, 16 Sept, 7 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Margherita pizza Gluten Soya Milk Pommes noisettes sweetcorn	Hunters Chicken Milk Celery Gluten Soya potato balls broccoli & baton carrots	Nottinghamshire sausage hot dog Gluten Sesame Sulphur dioxide Oven chips carrot & cucumber sticks tomato ketchup	Roast pork, stuffing, gravy Gluten mashed potatoes Yorkshire pudding Milk Egg Gluten fresh cabbage & carrots	MSC Young's fish fingers Gluten Fish oven chips garden peas or baked beans
OPTION 2	 Build your own lunch! Sandwich (Gluten Soya) Fillings: cheese Milk ham or tuna mayonnaise Fish Egg vegetable sticks crisps fruit or Frube yogurt Milk or pudding of the day	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & crunchy vegetables	Tomato pasta Mustard Soya Gluten garlic bread Gluten Soya Milk carrot & cucumber sticks	 Build your own lunch! Sandwich (Gluten Soya) Fillings: cheese Milk ham or tuna mayonnaise Fish Egg vegetable sticks crisps fruit or Frube yogurt Milk or pudding of the day	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & garden salad
PUDDING	Chocolate & orange muffin Gluten Egg	Shortbread cookie Gluten	Honey cake Milk Egg Gluten & custard Milk	Jelly & shortbread finger Gluten	Apple Flapjack Gluten



Nottinghamshire
County Council

WEEK 3

WEEK COMMENCING

29 April, 20 May, 10 June, 1 July, 22 July
12 Aug, 2 Sept, 23 Sept, 14 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	<p>Quorn dippers wrap Gluten baby roast potatoes carrot sticks tomato ketchup</p>	<p>Spaghetti Bolognese Mustard Soya Gluten Fish crusty bread Gluten Sesame sweetcorn</p>	<p>Pork burger in a bun Soya Milk, Egg, Gluten Sesame Sulphur dioxide Oven chips vegetable sticks tomato ketchup</p>	<p>Roast chicken, stuffing Gluten & Gravy mashed potatoes Yorkshire pudding Milk Egg Gluten fresh broccoli & carrots</p>	<p>MSC battered fish Gluten Fish oven chips garden peas or baked beans</p>
OPTION 2	<p>Tomato pasta Gluten Mustard Soya garlic bread Gluten Soya Milk garden salad</p>	<p>Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & crunchy vegetables</p>	<p> Build your own lunch! Sandwich (Gluten Soya) Fillings: cheese Milk ham or tuna mayonnaise Fish Egg vegetable sticks crisps fruit or Frube yogurt Milk or pudding of the day</p>	<p>Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & crunchy vegetables</p>	<p> Build your own lunch! Sandwich (Gluten Soya) Fillings: cheese Milk ham or tuna mayonnaise Fish Egg vegetable sticks crisps fruit or Frube yogurt Milk or pudding of the day</p>
PUDDING	<p>Noah's Apple sponge Egg Gluten & custard Milk <small>Recipe from a pupil at Mapperley Plains primary school</small></p>	<p>Chocolate brownie Gluten</p>	<p>Frozen yoghurt Milk</p>	<p>Strawberry shortcake Milk Gluten</p>	<p>Chocolate crispy Gluten with strawberry milkshake Milk</p>



**Nottinghamshire
County Council**